



The HELP App

HELP to stay connected as we get older

Coordinate social and practical support in the free **Healthy End of Life Planning** App

SAFE | SECURE | PROVEN technology

- An easier way to ask for, offer and accept help
- One central place to plan, share and connect
- Health professional approved

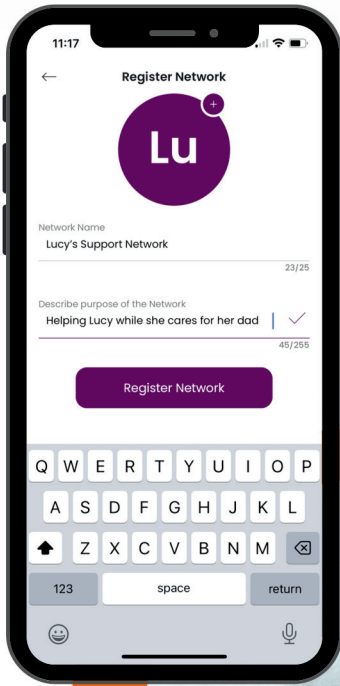


Scan to download
the HELP App today

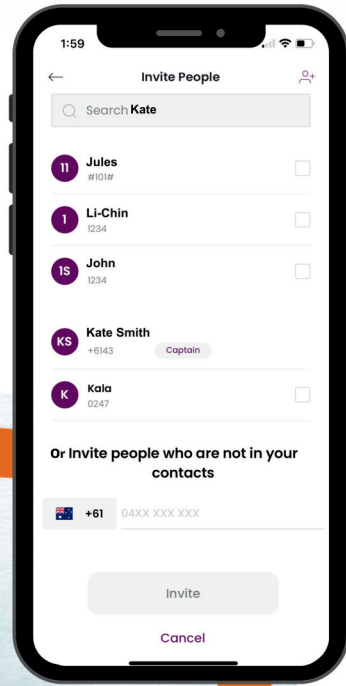
or search for:



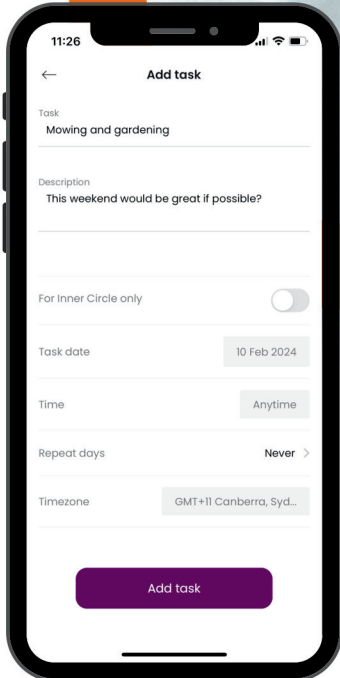
Give your group a name



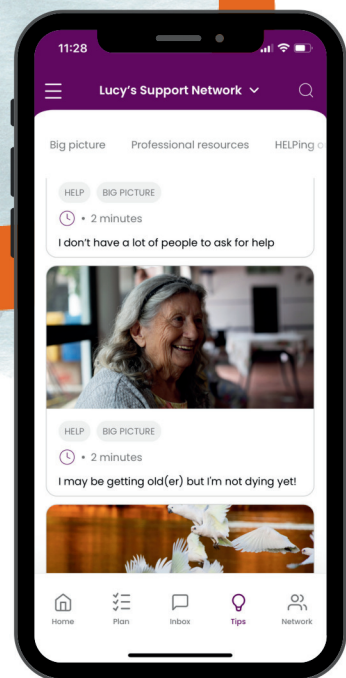
Invite people via their phone numbers



List some things people can help with



Learn about end of life in the app



Ask a grandkid, adult child or friend to do this for you!