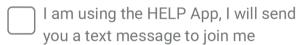# The HELP App *for people with life-limiting illness*

A simple way to help and stay connected

The HELP App is a free app where you can see what support we need, stay in touch, organise visits and more.

> *"I get so many messages - people wanting to help, to ask how we're doing and when to visit etc - it's so much easier to all be in the HELP App together."*
> **Paula, carer.**

☐ I am using the HELP App, I will send you a text message to join me

☐ Please set this up for me and invite our friends and family

☐ Please help me manage this by being an admin in the HELP App

☑ *select from the above and hand out to friends and family*

Download on the App Store

GET IT ON Google Play

🔍 Healthy End of Life Planning

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