

The HELP App


for people with life-limiting illness and their communities


Connecting you to your people

One central place to connect
Family, friends, community
A simpler way to ask for, offer
and accept help

"I get so many
messages, and
people wanting to
help and hang out, it's
so much easier to all
be in the HELP App
together."
Stacy, 22



 Download on the
App Store

 GET IT ON
Google Play

STAYING CONNECTED WITH THE HELP APP

Close family and friends

Add us to the HELP APP

Other social connections;
family, friends, neighbours,
friends from sport, school,
church, work, gym...



The HELP App makes it easier to:

- ask for, offer, and accept help
- connect with people in one place
- share updates (in any language)
- organise meaningful time together
- support each other
- access information about living with life-limiting illness

Invite your friends and family today 😊

 **Healthy End of Life Planning**

