

HELP Palliative Care Social Prescribing Script

A guide to conversations with patients, clients and carers about mobilising social and practical support with HELP

“Let’s talk about the support you will need from family and friends as a part of your care...”

“Your people will help you through this time. It’s as important to your experience as your healthcare...”

“Most people want to show their care, but they often don’t know how and don’t want to get it wrong...”

“HELP was created to make it easier to ask for, offer and accept help. It is easier when they have a clear idea of what you need and when you need it...”

Good quality healthcare is essential for a healthy end of life, but it won’t walk the dog for you. That’s what we need friends, family and other social connections for.



HELP Palliative Care Social Prescribing Checklist

For Palliative Care staff, volunteers and other care providers



Talk to patients and their families and carers about the importance of organising friends and family to HELP.



Support them to think about what HELP is needed and who may want to show their support.



Give them a HELP Conversation Starter, and show them where to download the step-by-step guide.



Scan the QR code with your phone or tablet camera to access the HELP website

*Has someone said
"let me know if I can
help?" Let's start
there...*

